

Hello Internationals Peeps!

As we begin our Virtual Club Experience Week #4, Our members continue to show us that *the game never stops*... It may have paused, but it doesn't stop! We know it's hard being away from friends, extended families, and teammates. But in the past few weeks, you've reminded us that not even something as serious as COVID-19 is going to stop any of you from continuing to find ways to push yourselves to reach your goals!

It's awesome to see the posts of all of our U9-U19 players pushing themselves every day! This week, we loved the photos of our U13-19 players cooking dinner for their families... some really creative dishes and it was awesome to see so many families sitting down to eat together! We also enjoyed reading our U9-12 journals and learning how much soccer means to our youngest players... we all love the game for many different reasons, but it's clear that the #1 reason is ... because **SOCCER is FUN!**

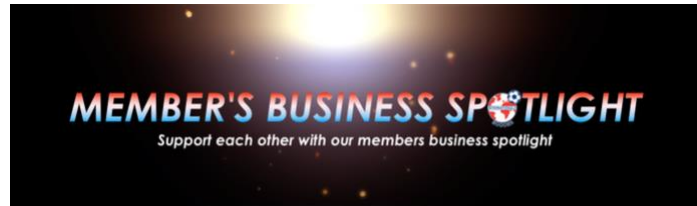
Updates and Reminders for this week:

- **Week 4 GUIDED ACTIVITY PLAN (GAP):**
 - U15-U19 GAP linked here for the Week of April 6-12
 - U13-U14 GAP linked here for the Week of April 6-12
 - U9-U12 GAP linked here for the Week of April 6-12

Reminders:

- Take the time to review, in detail, the plan for the week. Ask questions via TM APP, or during your team meetings if there is something you do not understand! Always watch the **VIDEO DEMOS** prior to the session, to see how to properly execute!
- All GAP sessions will be scheduled in the Team Manager App Calendar. Click **GOING** upon completion of each session; if you did not complete the session that day – click NOT GOING. When you click **GOING**, your coaches automatically know that you have completed the session, therefore you do not need to also message us that you have completed. **ONE CLICK** takes care of it!
- **Goalkeeper GAP Plan:** We will have the next phase of our GK specific plan out by **Monday, April 6.**
- **ISC Virtual Training Web Page:** reminder to visit the [our virtual training page](#) to keep all club-wide communications, resources, schedule updates and virtual training info in one place for easy access and reference during the COVID-19 restrictions.
 - **New! MEMBER'S BUSINESS SPOTLIGHT:** Some of our member's businesses will have, undoubtedly, been impacted by the current situation. We would like to put

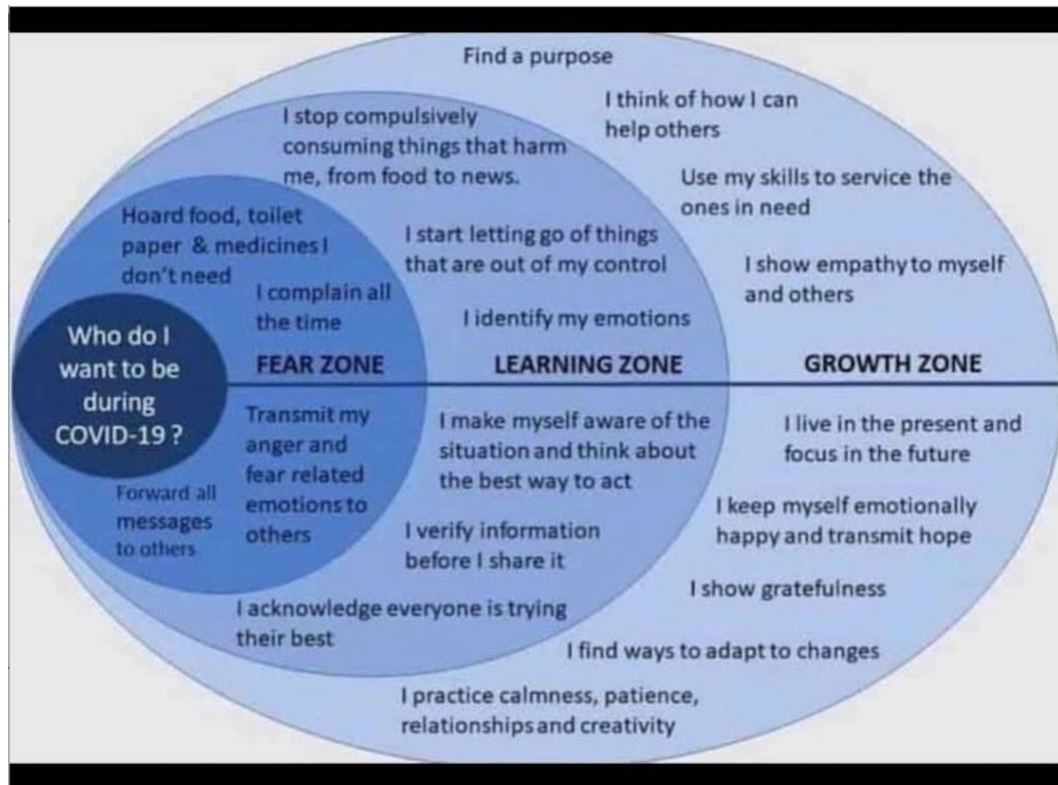
your business under the spotlight (on our website and social media). This way, fellow ISC members can support each other in this uncertain time. Maybe you are going to order take out - one of our members may own a restaurant. Maybe you need some work done on the house we might have some contractors within the club. The Member's Business Spotlight is about making those connections! If you would like your business to be in the spotlight, please visit our virtual training website to [fill out the form](#)!



- **New! Virtual Office Hours:** Our coaches are here for you! In addition to our team meetings which will be held periodically based on team needs, you also have the opportunity to connect individually with our coaches and directors. Please see below. This listing is also posted our Virtual Training Page. We prefer that you sign-up for one of the available slots, but if you cannot meet during the times provided, please contact us directly to make other arrangements. Find your coach below to sign up if you need an individual meeting, sign up on the form, call your coach during the time you signed up!

Dean Dishman	Click link to sign up	DD's Office Hour Sign-up Form
Mike Stoerke	Click link to sign up	MS's Office Hour Sign-up Form
Mark Platts	Click link to sign up	MP's Office Hour Sign-up Form
Brad Evans	Click link to sign up	BE's Office Hour Sign-up Form
Jared Rose	Click link to sign up	JR's Office Hour Sign-up Form
Jitka Klimkova	Click link to sign up	JK's Office Hour Sign-up Form
Keri Sarver	Call or email anytime to set meeting	330-284-2711 ksarver@gmail.com
Zdravko Popovic	Call or email anytime to set meeting	330-284-3637 zp@internationalsoccer.com

I came across the following graphic this week. I do not know who created it, but I thought it was a great share. A reminder that our mindset not only affects us, but also effects everyone around us... **let's strive to be in the Growth Zone!**



COVID-19 Resources:

- [OH Stay at Home Order \(April 2 update\)](#)
- [ODH: COVID-19 Website](#)
- [CDC: COVID-19 Website](#)

Be well and be safe,
Keri